

Terebinth Refuge 2019 Annual Report



Dear Friends,

God's vision of hope and healing for sex trafficked and exploited women continues to be the beacon of light that guides us. Together, with you, our supporters, and partners, we have created a community of support so women may discover their own value and become all that God has made them to be.

Terebinth Refuge is Christ-centered shelter and safe home that brings hope, healing services, and freedom to sexually exploited and trafficked women, and was founded in response to the lack of safe housing and services for adult victims in Central MN. Doors to the shelter opened in 2018, with just two beds. That first year, nine women received safe shelter, housing and supportive services. Just a year later, our capacity increased to ten beds, and we served 57 women and three children. ***Your support and generosity made this possible.***



We are thankful to the many supporters, donors, foundations, and churches who supported us during these first two years. As supporters, you strengthen the staff and residents of Terebinth Refuge.



Partnering with community organizations and volunteers, our in-home services include mental and physical healing, educational opportunities, job readiness services, legal advocacy, recreational and faith-based opportunities. Together, these services provide healing of the body, mind, soul and spirit, which is critical to ensuring women have the tools and skills necessary to exit exploitation permanently.

We are blessed that God has brought us the right leadership to guide our growth. The Terebinth Refuge Board of Directors are committed to excellence. This past year, we have invested in program design and evaluation, as well as the strategic growth of the organization. And with you by our side, we are excited to see how these changes bring about the healing of women who seek refuge with us.

Your time, financial generosity and prayers have helped bring about a stronger and more sustainable ministry. But more than that, you have helped bring new life to women who have escaped bondage. The impact will resonate for years to come!

Together, we continue to live out our faith in ways that create life-changing freedom in the lives of exploited women. We look forward to all that God has planned for this ministry.

With my deepest gratitude,

***Cynthia (CeCe) Terlouw
Founder and Executive Director***



A Shelter for Hope and Healing

Mission: Terebinth Refuge is a Christ-centered shelter and safe home that brings hope, healing services, and freedom to sexually exploited and trafficked women.

Current Programs & Activities

Terebinth Refuge provides safe, short-term emergency shelter, longer-term transitional housing, and services each aimed at assisting women in reaching their individual goals toward recovery and independence.



Through our innovative holistic program design, we eliminate barriers to receiving care by bringing most services directly to residents during their stay, and by partnering with other local service providers for referrals for off-site services. We have created our programming in four phases, with the first three focused on providing shelter, health and wellness, and mental health support to women who stay with us for longer than a week. In

phase four, women have the option of moving into our transitional housing program for up to 18 months where they focus on more in-depth goals to reach recovery and independence.

In-house services include access to mental health and chemical dependency services, physical health/wellness programming, and valuable life and job skills education aimed at providing women with the opportunity to grow and succeed. Some of the life skills offered at Terebinth include parenting skills, finance and budgeting classes, self-care practices, cooking classes, and job training and education opportunities. We also offer women's educational groups and programs including classes on identifying signs of violence, exploitation and manipulation in interpersonal relationships and how to prevent future unhealthy relationships.

Programs and services available:

- Medical Assessments and Referrals
- Mental Health and Chemical Dependency Services
- Psychological Referrals
- Wellness Programming
- Individualized Case Management
- Legal Aid (trafficking specific)
- Employment Readiness Program
- Financial Education
- Independent Living Skills
- Education Services
- Crisis Counseling
- Equine Therapy & Dog Therapy
- Support Groups
- Spiritual Guidance (if desired)

Volunteers



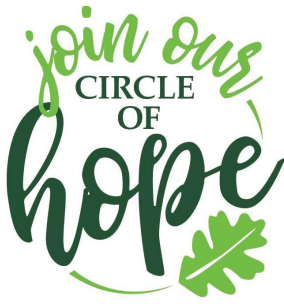
In 2019, 103 active volunteers provided more than 684 hours of service. Volunteers provided transportation for the residents, performed office support, led classes and group activities, performed home maintenance and gardening, and supported fundraising activities. We value all our volunteers and appreciate their contribution to our mission. They play an important role in bringing hope and healing to the women of Terebinth Refuge.

Sara Olson is the 2019 recipient of the Terebinth Refuge Oak of Righteousness Award. She has a heart to support sex trafficking victims and has the trust of our residents as someone they can rely on. She volunteers by providing transportation, leading Bible study groups, mentoring, and many other activities. Sara is loved and appreciated by staff and residents alike. A few words they used to describe her: *“She is thoughtful, considerate, caring, committed, resourceful, dependable. She is respectful and responsible. Sara is super cool. She likes to do “fun” things, like biking, going on walks, kayaking, and working out.”*

Program & Service Statistics

- ✓ In 2019, we expanded capacity from two beds to ten beds.
- ✓ 57 women received emergency shelter and services; 4 women received transitional housing and services to further assist them in reaching their individual goals toward recovery and independence; 3 children of residents received safety and support services
- ✓ 33 women participated in employment readiness; 16 completed the program
- ✓ 13 women felt safe enough to work with law enforcement to report crimes against them
- ✓ 13 residents participated in drug treatment programs
- ✓ 33 residents received horse/dog trauma therapy
- ✓ 28 residents developed a safety plan and/or case plan
- ✓ 33 residents engaged in learning various household independent living skills
- ✓ 16 residents received legal advocacy for a total of 64 appointments
- ✓ 7 residents received aftercare services upon exiting the shelter program
- ✓ 100% of residents received an assessment from our Registered Nurse and had access to medical care and mental health services
- ✓ 100% of residents had opportunities to grow in their faith and spiritual lives
- ✓ Consistently, there are more women in need of safe shelter and services than beds available

Donations



We are grateful to all those who partner with us in in changing the lives of women in Central Minnesota.

CIRCLE OF HOPE

Our Circle of Hope members commit to give a gift of \$100 or more monthly for a 3-year period. They believe that victims and survivors need a place of refuge, and are supportive of our long-term, holistic healing approach.

Thank you to all our 2019 Circle of Hope members:

Individuals

Anonymous
Valerie and Tom Amberg
Shawn and Nancy Brannan
John and Allison Cheesebrow
The Gohl Family
Bonnie Hall
Robin and Joel Hasslen
Mike and Mindy Housman
Rob and Corrine Jacobs
Jesse and Lana Kozak
Dawn Bjorge and Dennis Lindor
Michael Milbauer and Roxanne Hamilton
Tim and Cherie Miller
Laura Nordmann
Scott and Sara Olson
Robert Postels
Becky Pressgrove
Bill and Merrlyn Seefeldt
Steve and Wendy Shaler
Mark and Ann Thelen
Brandon and Emily Urke
Larry and Darcy Winkelman
Todd and Kyoko Zaun

Businesses

Anonymous
Atlas Family Chiropractic
Laser Dentistry, Ltd.

Thank you to our Terebinth Refuge Sponsors:

Community Impact Partner

Kenney Printing

RISE Event Sponsors:

Presenting / Impact Sponsor

Keystone Home Finance, LLC

Freedom & Healing Sponsors

H & R Block
Center for Family Counseling, Inc.
Farmers and Merchants State Bank
Atlas Family Chiropractic

Hope, Refuge & Other Sponsors

Kenney Printing, Inc.
Brenny Transportation, Inc. & Brenny Specialized, Inc.
Dan and Karen Ehlert
Faith Lutheran Church - Little Falls
Geo-Comm
Preferred Credit, Inc.
Rock On Trucks, Inc.
Wendy and Steve Shaler
Thielen Electric, Inc.
D.J. Bitzan Jewelers
Charity Heating and Cooling
BobeedyPhotography
St. Cloud Floral
Regency Plaza
Custom Catering by Short Stop
Lunica String Quartet

Church (Monthly Giving Circle)

Bridgeview Assembly of God, Big Lake
Cornerstone Church, South Haven
Discovery Church, Sauk Rapids
Harvest Church, Freeport
Shalom Community Lutheran Church, Starbuck
Solid Rock Family Church, Sartell
The Waters Church, Sartell
Westwood Community Church, St. Cloud

Foundations, Grants & Government Support over \$1,000

Benton Telecommunications Foundation
Capital One
CentraCare Health Foundation
City of Waite Park
DHS O.E.O. Safe Harbor Minnesota
Stearns County / DHS Housing Support
Finance of America Cares
Franciscan Sisters of Little Falls
Initiative Foundation
J.A. Wedum Foundation
Julianne Williams Fund of the Central Minnesota Community Foundation
Mardag Foundation
Medica Foundation
MIDCO Foundation
Minnesota Department of Education
Minnwest Bank
Morgan Family Foundation
Otto Bremer Trust
Salem Foundation
Women's Fund of the Central Minnesota Community Foundation
Zonta Club of St. Cloud

Financial Report

Income Statement Summary

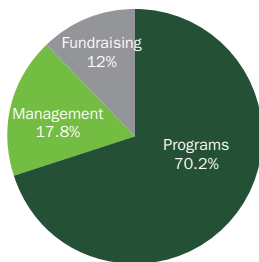
Revenue:	\$835,927.93
Expense:	\$901,099.38
Net Income:	\$- 65,171.45

Note: Grant income and donation pledges received at the end of 2018 were allocated for 2019 expenses.

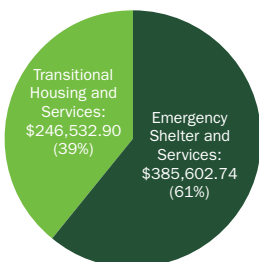
Sources of Income

Individuals	\$ 134,655.43
Corporate	\$ 61,390.73
Church	\$ 50,174.76
Events & Fundraisers	\$ 138,978.51
Grants	\$ 320,472.99
Resident Support	\$ 29,742.99
In Kind and Property	\$ 100,838.00
Interest	\$ 22.97
TOTAL	\$ 835,927.93

Functional Expense Allocation



Cost of Major Programs



Balance Statement Summary

Assets	
Current:	\$ 171,720.69
Other:	\$ 25,926.70
Fixed:	\$ 32,473.32
Total Assets	\$ 230,120.71

Liabilities & Equity

Liabilities:	\$ 35,042.03
Equity:	\$ 195,078.68
Total Liabilities & Equity	\$ 230,120.71

BOARD OF DIRECTORS



- Mike Housman, Chair** - Meeker Co-Commissioner, Owner Housman Properties & Housman Farms
Todd Zaun, Vice-Chair - President, Farmers and Merchants State Bank
Michael Contardo, Secretary - Laser Dentist, Laser Dentistry, Ltd.
David Benrud - Chief of Police, Waite Park
Les Engel - CEO/Metallurgical Engineer, Engel Metallurgical Ltd.
Carol Lund - Bridging the Gap Director, Minnesota District Assemblies of God
Kathy Mayhew - Professor, Marriage & Family Therapy and School Counseling, St. Cloud State University
Mick Mayhew - MS, PhD, Licensed Marriage and Family Therapist, St. Cloud State University
Michael Milbauer - Dr. of Chiropractic, Williams Integrecare
Cherie Miller - LPN, Ridgewater College Instructor

KEY LEADERSHIP STAFF



- Cynthia Terlouw**, Founder and Executive Director
Lana Kozak, Development Director
Greta Ringstad, Finance Manager
Sherri McGillivray, Program Supervisor
Mamusu Lamin, Case Manager
Eleana Lukes, Employment Readiness Manager/
 Survivor Advocate

Ways to Help

Pray for the Terebinth Refuge residents and leadership.

Give a financial donation securely online or by check.

Join in our monthly giving by enrolling in our Circle of Hope (\$1200 or more a year for 3 years) or a monthly gift of any other amount.

Sponsor our annual RISE Breakfast or other fundraiser to support our ministry.

Donate household items for our residents.

Volunteer with us.

Invite us to speak at your business, church, or group.

Share our mission and website with others.

Subscribe to our newsletter to get updates and important news.

Like us and share posts on Facebook and follow us on Twitter, Instagram, and LinkedIn.

Contact us with opportunities for employment and affordable housing for women in our home.


Terebinth
REFUGE

A Shelter for Hope and Healing

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www.terebinthrefuge.org

[Facebook.com/terebinthrefuge](https://www.facebook.com/terebinthrefuge)

[Twitter.com/terebinthrefuge](https://twitter.com/terebinthrefuge)

[LinkedIn.com/company/terebinth-refuge](https://www.linkedin.com/company/terebinth-refuge)

[Instagram.com/terebinthrefuge](https://www.instagram.com/terebinthrefuge)

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